

# Mammography Specialists Medical Corp.

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MAP  
ON  
BACK  
→

## REQUEST FOR BREAST IMAGING AND BONE MINERAL DENSITY

Patient: \_\_\_\_\_ Patient Pregnant?  Yes  No

DOB: \_\_\_\_\_ Date: \_\_\_\_\_ Breast Implants?  Yes  No

Pt. Phone #: \_\_\_\_\_ Authorization #: \_\_\_\_\_

Previous Mammogram(s) Year: \_\_\_\_\_ Location: \_\_\_\_\_

### ROUTINE SCREENING DIGITAL

- Patients with NO symptoms or lumps  
No recent breast imaging abnormality
- High Risk Factors  
Personal or family history of breast cancer  
Prior breast biopsy  
Dense breasts on mammogram  
Difficult breast physical exam

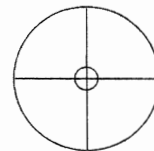
### SPECIAL PROCEDURES

- R  L Wire localization for biopsy
- R  L Stereotactic core biopsy
- R  L Ultrasound core biopsy
- R  L Cystic lesion aspiration/biopsy
- R  L Ductogram
- Second opinion case review
- Patient consultation with radiologist

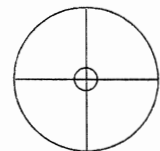
### DIAGNOSTIC

- R  L Diagnostic mammogram - digital
- R  L Lump
- R  L Pain
- R  L Nipple lesion or discharge
- R  L Abnormal breast exam
- R  L Abnormal radiology report
- R  L Additional Views
- R  L 6 month follow-up
- R  L ULTRASOUND - Palpable Lesion
- R  L ULTRASOUND - Breast  3D US

### Mark Site(s) of Diagnostic Concern



Right



Left

## REQUEST FOR BONE MINERAL DENSITY: DXA

### BMD/DXA EXAM(s) = Please check

- Standard Exam: L-Spine, Dual Hip & VFA (Vertebral Fracture Assessment)
- Forearm (radius) BMD
- Whole Body Composition/BMD/BMI
- Follow-up/Comparison
- Family Hx (V17.8)

### ICD9-Code (Required) = Please check

- Menopausal symptoms (627.2)
- Estrogen Deficient (259.9)
- Post-menopausal (733.01)
- Medication induced (733.09)
- Osteoporosis: age (733.02)
- Early menopause (256.31)
- Osteopenia/Osteoporosis (733.90)
- Hx. of Fractures (829.0)
- Hyperparathyroid (252.0)
- Hypothyroid (244.9)
- Vitamin D deficiency (268.9)
- Other \_\_\_\_\_

Additional Clinical Information: \_\_\_\_\_

Urgent Results (only if needed please): Fax # \_\_\_\_\_ Phone # \_\_\_\_\_

Physician's Signature: \_\_\_\_\_

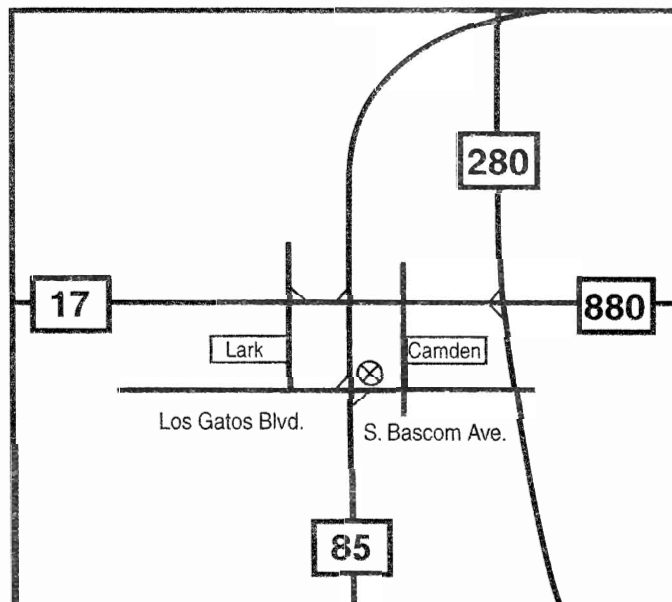
## PATIENT INSTRUCTIONS

1. **Request** your **old mammogram films be picked up by you** or sent to us. This will allow us to quickly compare them to your new films. **Your results may be delayed** if we are still waiting for your old films to arrive.
2. **Do not wear deodorants** or powders on the day of your appointment. This is especially true for the armpits and under the breasts. They may show up on your X-ray and may require you to return for repeat images.
3. **Wear comfortable clothing** such as a **2 piece outfit** which you can quickly change. You will be asked to remove all clothing from the **waist up** and replace it with a loose fitting upper gown we provide.
4. **Schedule** your mammogram appointment shortly **after your menstrual period** to minimize any discomfort. If you have tender breasts, avoid caffeine for 2 days prior to your appointment. If you have very tender breasts, consider taking an analgesic such as Tylenol before your exam.
5. Please avoid bringing **children** to the clinic, as they will not be able to accompany you into the x-ray room.

### PATIENT INSTRUCTIONS FOR BONE DENSITOMETRY (DXA)

Please wear loose clothing free of buckles, buttons, snaps and zippers. No jeans. Elastic waistbands and sport bra are recommended. A DXA cannot be done if you have been given oral barium or contrast within 5 days. It also cannot be done if you have intravenous or contrast material for x-ray test in the last day. You should not have a DXA exam if you are pregnant.

### MAP



*Please arrive at the office 15 minutes prior to your appointment time.*

*We reserve the right to charge for appointments cancelled or broken without 24 hours advance notice.*

*Patients arriving ten minutes late may need to be rescheduled. We do our best to serve you.*

### **Mammography Specialists Medical Corp.**

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**Please bring this request to your appointment.**