



Mammography Specialists Medical Corp.

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MAP
ON
BACK

REQUEST FOR BREAST IMAGING AND BONE MINERAL DENSITY

Patient: _____ Patient Pregnant? Yes No

DOB: _____ Date: _____ Breast Implants? Yes No

Pt. Phone #: _____ Appointment: _____

Previous Mammogram(s) Year: _____ Location: _____

ROUTINE SCREENING DIGITAL

- Patients with NO symptoms or lumps
No recent breast imaging abnormality
- High Risk Factors
Personal or family history of breast cancer
Dense breasts on mammogram
Difficult breast physical exam
- R L ULTRASOUND - Breast 3D US

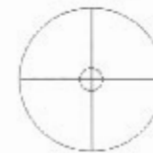
SPECIAL PROCEDURES

- R L Wire localization for biopsy
- R L Stereotactic core biopsy
- R L Ultrasound core biopsy
- R L Cystic lesion aspiration/biopsy
- R L Ductogram
- Second opinion case review
- Patient consultation with radiologist

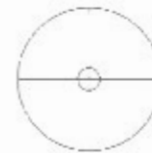
DIAGNOSTIC DIGITAL

- R L Diagnostic mammogram
- R L Lump
- R L Pain
- R L Nipple lesion or discharge
- R L Abnormal breast exam
- R L Abnormal radiology report
- R L Additional Views
- R L 6 month follow-up
- R L ULTRASOUND - Palpable 3D

Mark Site(s) of Diagnostic Concern



Right



Left

REQUEST FOR BONE MINERAL DENSITY: DXA

BMD/DXA EXAM(s) = Please check

- Standard Exam: L-Spine, Dual Hip & VFA (Vertebral Fracture Assessment)
- Forearm (radius) BMD
- Follow-up/Comparison
- Other ICD-Code _____

ICD9-Code (Required) = Please check

- Menopausal symptoms (627.2)
- Estrogen Deficient (259.9)
- Post-menopausal (733.01)
- Medication induced (733.09)
- Osteoporosis: age (733.02)
- Early menopause (256.31)
- Osteopenia/Osteoporosis (733.90)
- Hx. of Fractures (829.0)
- Hyperparathyroid (252.0)
- Hypothyroid (244.9)
- Vitamin D deficiency (268.9)
- Family Hx (V17.8)

Additional Clinical Information: _____

Urgent Results (only if needed please): Fax # _____ Phone # _____

Physician's Signature: _____ Print Name: _____

PATIENT INSTRUCTIONS

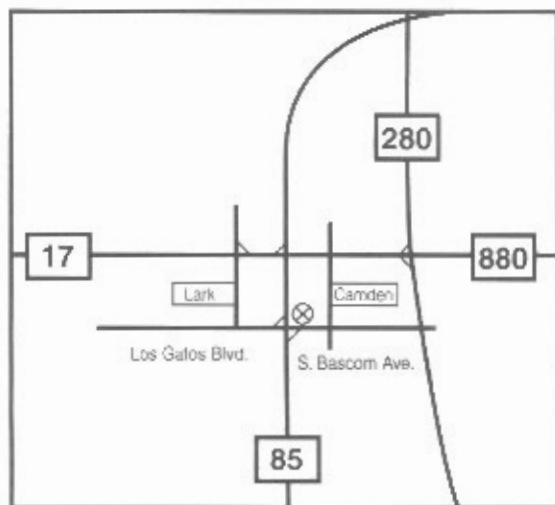
1. **Request** your **old mammogram films be picked up by you** or sent to us. This will allow us to quickly compare them to your new films. **Your results may be delayed** if we are still waiting for your old films to arrive.
2. **Do not wear deodorants** or powders on the day of your appointment. This is especially true for the under arms and under the breasts. They may show up on your X-ray and may require you to return for repeat images.
3. **Wear comfortable clothing** such as a **2 piece outfit** which you can quickly change. You will be asked to remove all clothing from the **waist up** and replace it with a loose fitting upper gown we provide.
4. **Schedule** your mammogram appointment shortly **after your menstrual period** to minimize any discomfort. If you have tender breasts, avoid caffeine for 2 days prior to your appointment. If you have very tender breasts, consider taking an analgesic such as Tylenol before your exam.
5. Please avoid bringing **children** to the clinic, as they will not be able to accompany you into the x-ray room.

PATIENT INSTRUCTIONS FOR BONE DENSITOMETRY (DXA)

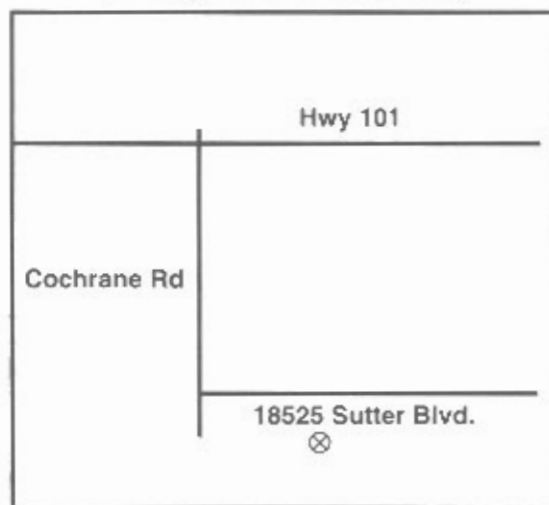
Please wear loose clothing free of buckles, buttons, snaps and zippers. NO Jeans. Elastic waistbands and sport bra are recommended. A DXA cannot be done if you have been given oral barium or contrast within 5 days. It also cannot be done if you have intravenous or contrast material for x-ray test in the last day. You should not have a DXA exam if you are pregnant.

DIRECTIONS

Los Gatos Office



Morgan Hill Office



Please arrive at the office 15 minutes prior to your appointment time.

We reserve the right to charge for appointments cancelled or broken without 24 hours advance notice.

Patients arriving ten minutes late may need to be rescheduled. We do our best to serve you.

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Please bring this request to your appointment.